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**Ruth Linnen, MTS, (c) OAMHP, RP**

**Certified EMDR Therapist**

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[**www.ruthlinnen.com**](http://www.ruthlinnen.com)

**Education**

Master of Theological Studies, Spiritual Care and Psychotherapy, Distinction

Wilfrid Laurier University, 1997

Graduate Gold Medal-Medal of Academic Excellence

**Areas of study**: Theology/ Psychotherapy Modalities/Family Therapy

**Additional course work:** SIPAR, Social Research Methods, Statistics, Theories of Human

Development, Solution Focused Family Therapies, Trauma.

**Related Professional Development**

**Clinical Supervision Training Program,**

CICAPP, 2020, in progress

**Advanced EMDR Workshop:**

Treating Dissociative Disorders with EMDR, Delores Mosquera, 2019

**Clinical Supervision,**

Faculty of Social Work, Wilfrid Laurier, 2018

**Motivational Interviewing**

P.N.A Change Consultants , 2018

**EMDR Certification**

Kathy Karn, Clinical Supervisor, 2017-2018

**Sensorimotor Psychotherapy, Level One**

Sensorimotor Psychotherapy Institute, 2016

Toronto, ON

**Dialectical Behavioural Therapy**

The Linehan Institute, Online Learning, 2015

**Violence Threat Risk Assessment, Levels 1 and 2**

Canadian Centre for Threat Assessment & Trauma Response, 2015

J. Kevin Cameron

Orangeville, ON

**Excellence in EMDR**

Kathy Karn & Brynah Schneider, 2012

London, ON

**ASIST: Suicide First Aid**

Living Works, 2011

Eden Mills, ON

**EMDR, Basic**  
Kathy Karn & Brynah Schneider, 2009

London, ON

**Traumatic Stress Services**

Trauma Stabilization and Recovery Training, 2007

London Health Sciences

London, On

**Trauma Counselling for Front Line Workers**

The Hincks Dellcrest Centre, 2004

Toronto, ON

**Critical Incident Stress Management, Basic and Advanced**

Georgian Critical Incident Stress Management Team, 2001-2002

Murray N Firth, ICISF approved instructor

International Critical Incident Stress Foundation recognized curriculum

Barrie, ON

**Work Experience**

**Canadian Mental Health Association, 1999-retired**

Mental Health Therapist

North Wellington Community Team

Provide assessment and treatment for individuals who have been diagnosed using DSM-5 criteria. Facilitate psycho educational programs, CBT, DBT and Emotion Regulation (trauma)

Provide crisis support, community education,

training, and consultation in all areas of trauma.

**Certified Professional Counselling Centre, 1996-current**

**(Trauma Services of South Western Ontario)**

Private Practice

Director, Psychotherapist

Individual, couple, family and group therapy

Specializing in trauma consultation, assessment, treatment and training

Please go to [www.ruthlinnen.com](http://www.ruthlinnen.com) for complete information about CPCC /TSSWO

**Training Experience**

**Safeguards Training for Children and Adult Services, 2015-current**

A Family Systems Approach to Intergenerational Trauma (Feb 2015, Toronto; Apr 2016, London; Jun 2016, Ottawa; Nov 2016, Thunder Bay; March 2016, Tyendinaga First Nations , Belleville; October 2017, Six Nations of the Grand River, Brantford; Nov 2017, Belleville; July, 2018, Nogdawindamin Family Counselling and Community Services , Sault St. Marie).

PTSD: Prevention & Intervention for Front Line Staff and First Responders (Feb 2018, Hamilton).

Capacity Building for Peer CISM Teams, (April, 2018, Ministry of Child and Youth Services, Toronto).

**CPCC/Trauma Services of Southwestern Ontario, 2016-current**

AFamily Systems Approach to Intergenerational Trauma ( June, 2016, Walkerton; September 2017, Hanover; February , 2018, Carizon, St. Agatha).

Trauma: Impact on Brain Development, Symptoms and Intervention, (April, 2018, Hanover, Community Living ).

Capacity Building for Care Partners: Resilience and Self Care, (June, 2018, Chesley, Parkinson’s Society of South Western Ontario.)

Adult Survivors of Developmental Trauma: A Framework for Assessment and Intervention, (March, 2019, Carizon, Kitchener ).

Workplace Traumatic Stress: Prevention and Intervention for Frontline and First Responder, (May, 2019, Shelburne).

Waiting for the Bomb to Drop: and not knowing what to do when it does, (Carizon, Polaris Team, December, 2019 to June 2020, in progress).